



STRIVING FOR EXCELLENCE

# 2025 Swanbourne Kindergarten Handbook



Success Teamwork Respect Inclusive Vision Excellence

# Swanbourne Primary School

## School Administration Staff

Principal: Mr David Knox

Associate Principal: Ms Bec Robson

Manager Corporate Services: Ms Lori Willis

Defence Student Mentor: Mrs Nic Kemp

## Kindergarten Teachers

Mrs Amelia Hawkins-Brady

[amelia.hawkins-brady@education.wa.edu.au](mailto:amelia.hawkins-brady@education.wa.edu.au)

Mrs Fiona Gundlach

[Fiona.Gundlach@education.wa.edu.au](mailto:Fiona.Gundlach@education.wa.edu.au)

TBC

[tbc@education.wa.edu.au](mailto:tbc@education.wa.edu.au)

## School Contact Information

Office Hours: 8:00am – 4:00pm

Telephone: 08 9253 5300

Email: [swanbourne.ps@education.wa.edu.au](mailto:swanbourne.ps@education.wa.edu.au)

Website: [www.swanbourneprimary.wa.edu.au](http://www.swanbourneprimary.wa.edu.au)

Dental Therapy Centre: 08 9384 0855

## School Term Dates 2025

Term 1 Wednesday 5 Feb – Friday 11 April

Term 2 Tuesday 29 April – Friday 4 July

Term 3 Tuesday 22 July – Friday 26 September

Term 4 Tuesday 14 Oct – Thurs 18 December

## School Development Days 2025

Staff Only - No students attend school on these days:

### Term 1

Monday 3 February, Tuesday 4 February

### Term 2

Monday 28 April

### Term 3

Monday 21 July

### Term 4

Monday 13 October, Friday 19 December

Kindergarten Group 1 – Room 1

Monday

8:35am to 3:10pm

Tuesday

8:35am to 3:10pm

Alternate Wednesday (Odd weeks)

8:35am to 3:10pm

Kindergarten Group 2 – Room 1

Alternate Wednesday (Even School Weeks)

8:35am to 3:10pm

Thursday

8:35am to 3:10pm

Friday

8:35am to 3:10pm

Kindergarten Group 3 – Room 25

Monday

8:35am to 3:10pm

Tuesday

8:35am to 3:10pm

Alternate Wednesday (Even School weeks)

8:35am to 3:10pm

# Welcome

The Kindergarten year is an exciting time for both parents and children. The Principal, staff and school community welcome you to Swanbourne Primary, an Independent Public School.

At Swanbourne, we aim to positively influence children's growth and development across all domains - intellectually, emotionally, physically and socially. Our high quality educators consistently strive to provide a challenging and stimulating, social and academic program in a secure environment of personal care for each student. We want to exceed all of our families' expectations and will strive to ensure each individual student reaches their potential.

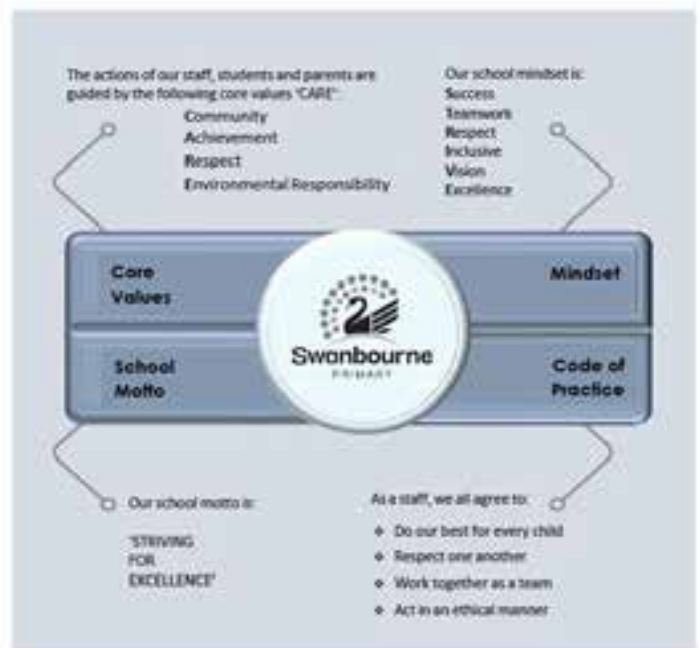
This booklet contains information about our Kindergarten program. It outlines key operational processes and covers a number of practical issues to ensure your child's care and safety, and enable a smooth and enjoyable transition to Kindergarten.

## School Vision

We work as a collaborative team to create a caring, inclusive and respectful school culture and a curriculum that values each child as an individual. We work together to teach and support our students to become learners for life, who will be happy, resilient, caring and respectful citizens that strive for personal excellence and contribute positively to society.

## Early Years Philosophy

At Swanbourne Primary School, we recognise that families are children's first and most influential teachers and that learning outcomes are more likely to be achieved if we work in partnership with families. Therefore, a central premise of our early years' philosophy is the desire to build and maintain positive relationships with students and their families. We also believe that to be highly effective practitioners, an early years' curriculum must be carefully planned and executed, be holistic in nature and fully responsive to each child's needs and interests. The provision of purposeful, stimulating, play-based learning experiences provides opportunities for children to develop socially, emotionally, physically and intellectually (both indoors and out) and ensures we deliver programs that emulate 'best practice'.





# Our Programs

At Swanbourne, we take pride in our excellent facilities, high quality educators and exceptional care provided for students. You can be assured that our students' best interests are our prime motivation.

Our early childhood educators are qualified, experienced and dedicated - working together as a team to produce a stimulating and warm learning environment. They provide a high and quality inclusive education and are constantly exploring new ways to ensure all children reach their potential. They also value your role as parent-educator and encourage you to be involved in the work of the school by helping in the classroom and at home with your child.

Our programs focus on the development of the whole child, in all domains. They provide learning experiences that develop physical, social, emotional and cognitive skills. Daily transitions and routines are carefully planned to encourage independence and the development of life-long social skills. Current initiatives in early childhood education such as the National Quality Standard, the Early Years Learning Framework and the Kindergarten Curriculum Guidelines are used as the basis of the educational programs and practices at Swanbourne.

Our programs cater for children's learning styles and offer many opportunities for students to participate in a range of 'hands on' learning experiences and structured play activities.

Our teachers plan varied activities that encourage children to engage in small group work, as well as individual and whole class learning experiences.

Classroom teachers plan collaboratively, engage in year level moderation activities and work towards the same learning outcomes for all students. However, each teacher has a unique and individual teaching style, so learning experiences may be presented differently and, as a result, classrooms will always look different.



## Learning Through Play

One of the guiding principles that reflects current early childhood pedagogy is 'learning through play'. Play-based learning is described as 'a context for learning through which children organise and make sense of their social worlds, as they actively engage with people, objects and representations'.

Play-based learning at Swanbourne Primary occurs both inside the classroom and outdoors throughout the day. Our staff create learning spaces for dramatic play, construction, problem-solving, creative activities and also quiet areas for rest and relaxation.

We invite you to come along and see at first-hand how children learn through active, hands-on play experiences at our school.



## Oral Language Development

A strong emphasis is placed on oral language development in the Kindergarten classroom. Children will be encouraged to engage with peers and staff, negotiate, ask questions, debate issues, express ideas and thoughts, and ask for help appropriately. Stories, songs, chants, rhymes and phonemic awareness skills are taught to encourage strong oral language, pre-reading skills and vocabulary development.

## Social and Emotional Development

Young children develop their social and emotional skills through a wide network of social relationships, including other adults and children. Children's social and emotional skills are developing all the time and these may develop differently, at different rates.

The Kindergarten program plays an important role in developing children's self-awareness and self-confidence. Being able to separate from a parent each day and have the skills and confidence to speak to peers and staff will be the main focus of the Kindergarten year. Songs, rhymes, chants, stories and activities that encourage talking and communicating will provide children with plenty of opportunities to develop self-confidence and a willingness to participate in all aspects of the program.



## Gross Motor Control

large muscles of the body. They include things like running, jumping, catching and throwing, and other large muscle activities. Good gross motor skills are essential, because the body develops from large movements such as control of the arms and legs, to small, isolated movements that include the hands and fingers. Without reasonable gross motor control, it can be difficult for children to move on to developing their fine motor skills. During term 3 the students will be participating in our Edu Dance program.

## Fine Motor Control

For your child to be successful at reading and writing, they need to have strength in their hands, arms, stomach and back.

As your child progresses through the school, they need to develop skills to:

- **Hold a pencil** for a period of time without becoming tired, or complaining their arm is hurting
- **Sit in a chair** with feet flat on the floor, back straight and opposite arm resting on the table to help support them without slouching or wriggling around
- **Sit on the mat** without losing focus or wriggling around.





# How to Help Your Child Prepare for Kindergarten

Here are some easy ways you can help your child:

- Provide some experiences where your child is accustomed to spending a little time away from you; knowing that you will soon return
- Encourage your child to independently use a toilet and wash and dry their hands
- Encourage your child to independently be able to open and close their lunchbox and school bag
- Encourage your child to independently be able to put on their shoes and socks (**velcro** is preferred)
- Encourage your child to blow and wipe their own nose
- Encourage your child to pack and carry his or her own bag
- Please arrive at school at 8.35am on the first day to ease settling-in
- When the bell goes for the start of school, promptly say goodbye to your child so she or he may begin their school day. Remember; in some cases, staying longer than necessary may create separation issues later!



Please note that we are an Allergy Aware school and have several students with extreme allergies to certain food types. This means no peanut butter or nut products such as Nutella.

- We would appreciate you not sending lollies, chocolates, fruit rollups or similar. These will be sent home if included in the lunch box.
- 'Just in case' a named change of clothes (to be kept in a plastic bag all year round), undies, socks, shorts/skort, and shirt.
- Please ensure your child's shoes have a good grip so they can run, jump and climb safely. Students must keep their shoes on throughout the year due to unforeseen objects in the sand and bees on the grass. Non-slip waterproof shoes or sandals with **velcro** if possible (not thongs or gumboots) are required.

All personal belongings should be clearly marked with your child's name. However, it is not necessary to name stationery items from the Personal Items Booklist, as these are shared.

## Items to Bring to School

Every day your child will need to bring a school bag (large enough to hold big creations) containing the following items:

- A broad brimmed Swanbourne hat, which should be left in the bag ready for use every day.
- The blue library bag (supplied by the school on orientation day). This will be used daily to carry works of art and communications, as well as library books.
- One named reusable drink bottle (water only) with a sealable lid to prevent spills.
- Morning tea in a separate labelled container with child's name.
- A small, labelled container that they can open independently with fruit and/or vegetables, cut into small portions for your child's crunch 'n' sip.
- A small packed lunch in a labelled lunchbox that they can open independently.
- The following link from the school canteens organisation includes a video about healthy lunch options  
[www.waschoolcanteens.org.au/schoolcommunity/parents/](http://www.waschoolcanteens.org.au/schoolcommunity/parents/)

## Lunchtimes

Kindergarten lunch and morning recess times are separate from the remainder of the school. This allows for flexible eating and play times, as well as providing independent access to the early years' playground. Kindergarten children are unable to access the school canteen, as are eating times are flexible. A small, packed lunch will be required each day.



# Things you need to know

## Parent Questionnaire

As part of our Kindergarten orientation experience, you will be asked to complete a questionnaire about your child. This will enable Kindergarten staff to be informed about your child's learning and development and will allow you to share pertinent information with the school. The form will be treated with strictest confidence. **Please return this form on orientation day, November 20, 2024.**

## Pick-Up and Drop-Off

Please note that it is Department of Education policy that all Kindergarten children are to be personally delivered to and collected from their classroom by their parents or an adult caregiver who has been authorised at the time of enrolment and entered onto our data system. To add additional authorised persons, please notify the front office.

Parents are also requested to collect their children promptly at the end of the day, as young children become distressed if left waiting for a parent to arrive. Please contact the school on 9253 5300 if you will be unavoidably delayed so we can advise your child.

## School Newsletter

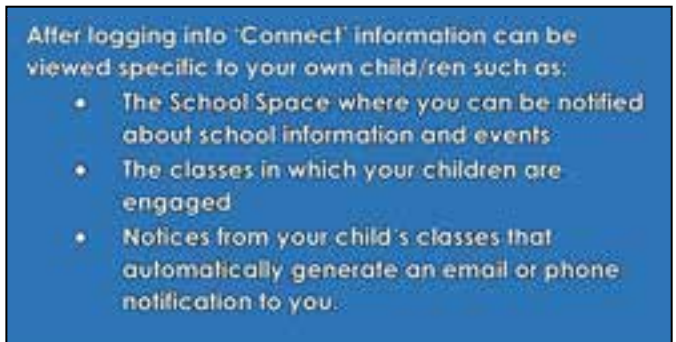
School newsletters are posted on the school website once a fortnight and you will receive an email notification by Connect, an online communication system used by many Department of Education schools. Please take time to register with Connect and read the newsletter regularly, as it contains a wealth of information about school events and student achievement.

## Connect



Each parent will be given their own secure login to 'Connect', which is a safe, free software platform provided by the Department of Education. Connect is accessible on any internet-enabled device and will enable you to receive notices either via email or a notification on your mobile device. 'Connect Now' is an application which can be downloaded from Google Play or the Apple App Store and this will enable you to receive Connect notices as push notifications.

Only one login is required to enable parents to view all their children's records, even if they attend different public schools.



To register for Connect, you will receive an email with your login details and each year as an update. Each user will be confidentially issued a unique user id and password for Connect.

If your email address changes, please notify Reception so your details can be updated. If you are a family enrolling before the start of a new school year, access to Connect will only be available once the school system has rolled into the following year and your child has their first day at school.

## Parking and Road Safety

A supervised crosswalk is available on Narla Road opposite the upper parent car park. An attendant is on duty from 8:00am to 9:00am and 2:45pm to 3:45pm. Parents are urged to utilise the crosswalk.

Please also observe the 40km speed limit around the school perimeter. We are very fortunate to have excellent parking facilities at this school but it is unreasonable to expect to always find a parking spot in the car park during peak times. There are several adjacent streets where parking is allowed within 100 to 400m of the school.

The 'kiss and drop' zone operates from the front of the school and is strictly for students from Years 1- 6. The lower staff car park is for staff use only and is not to be used by parents for picking up or dropping off children. The safety of our students is paramount. We ask all parents to assist the school in ensuring the safety of all members of the school community.

## Parent Involvement

Research shows that parent and community involvement in schools greatly improves student achievement. To reach their potential, students need parents and the community to take an active role in their education. Your encouragement and support will add to your child's Kindergarten year and set a foundation for future positive school experiences. Our Parent Roster is an ideal way for you to become involved. This offers an opportunity for you to come to school for a short time and assist with the learning program.

Your participation in our parent roster will:

- enhance our learning program
- model to your child the importance of education
- strengthen the bond between school and home
- inform you of your child's development
- be greatly enjoyed by your child

## Class Representatives

The P&C requires at least one parent representative for each class, which involves being the liaison between school, P&C and parents. Many activities require parent help which may include: helping with excursions; sports days; reading; cooking; art and craft activities. Please talk to your class teacher if you can provide assistance.

## Teacher/Parent Interviews

Personal meetings with teachers are welcome but please note, teachers cannot come to the phone when they have a class, unless the matter is urgent. Teachers have an allocated DOTT time (duties other than teaching) where they will be available for parent meetings. Please check with your child's teacher about their DOTT (day other than teaching) time is.

## Formal Reporting

A Kindergarten report detailing your child's development will be sent via email and hard copy in Term 2 and by Connect in Term 4. In addition, there will also be an 'Open Morning' during the year, where examples of children's work will be showcased. You will also receive regular informal updates from your child's class teacher.

## Library

The School Library is used by all classes on a timetabled basis, as arranged by the class teachers. Our school library is fully automated and has a variety of technology software and internet access for use by children in their studies. Children are entitled to borrow one-two books at a time. Your help in returning the books promptly is requested. Should a book be lost or damaged, replacement costs may need to be met by the child's family. Parents are always welcome to visit the library; we are always open to volunteers to help shelve books or assist in covering new books. Volunteers are important in helping the library function smoothly.



## Sun Protection

As we are a registered Sunsmart School, we follow a strict NO HAT, NO PLAY policy. All children must have hats for outdoors throughout the year for protection from the sun.

Please apply sunscreen to your child before school and we will assist them to reapply sunscreen at lunchtime during summer months.

For Kindy students we keep their hat at school all year, at the end of each term we send them home to be washed.





## School Attendance

Your child's teacher plans programs and activities that build on previously learned skills. Developing the habit of going to school regularly from Kindergarten is vital so your child does not miss out on important concepts and skills needed for future learning. You can help your child maintain good attendance by:

- talking positively about school so your child is happy to go each day
- showing interest in what your child is doing at school and talking with the teacher about what you can do at home
- setting play-dates to help your child make friends
- teaching your child how to share and take turns
- arriving at school and collecting your child from school on time
- making sure your child gets nutritious meals each day and enough sleep each night
- making appointments with doctors, dentists and specialists after school or during the school holidays
- taking family holidays during the school holidays and not during term time
- school work will not be arranged by teachers if your child goes on vacation

If your child is unwell and unable to go to school, telephone the school on 9253 5300. If you are having difficulty getting your child to school, please talk with your child's teacher.

## Visitors to the School

All visitors and parent helpers to the school are requested to sign in and sign out at reception and wear a visitor's sticker while in attendance at the school. Parents and visitors volunteering their time to work in schools must sign a Confidential Declaration, they are available from reception.

## Dental Clinic

The School Dental Service provides free general and preventive dental care for all enrolled students. The Dental Therapy Centre located at Swanbourne Primary operates from 8:15am to 4:30pm Monday - Friday and most school holidays. The centre can be contacted on 9384 0855

## Dogs in the School Grounds

No dogs are allowed on the school grounds, as they create a risk and fear for students. If a dog strays onto the school grounds during school hours, the ranger will be notified.

## Toys and Personal Items

No toys, jewellery or valuables please unless requested by the school for a special occasion.



## School Board and P&C

Swanbourne Primary has an active School Board as well as a vibrant Parents & Citizens Association. Both assist the school in various ways. The school board is involved in approving school policy and planning. It examines student performance data and endorses the school budget and planning documents.

The P&C plays an important role within the school and focuses on fundraising and organising special events. Its success relies on the support of the entire school community. Meetings are held in the staff room on the second Wednesday of each month at 6:30pm, everyone is welcome to attend.

## P&C Website

This will be the place to find all the information about our fundraising, social activities and order merchandise.

<http://swannymarketplace.square.site>

# Student Wellbeing

## Sick Children

Children who are unwell are best kept away from school. The Kindergarten does not have a sick room or a quiet corner. The room is always a hive of activity and constructive noise. Should your child become sick or have an injury, we will phone you to take him/her home. As such, please ensure you keep the school updated with new telephone numbers and emergency contacts.

## Medications

All student medications require authority of a parent or guardian before administering at school. Medications are required to be taken to the Administration Office where a drug administration form can be completed and signed by the parent.

All medicines should be named and in the original box and must include all relevant information. Please do not send your child to school unwell or if they are taking prescribed antibiotics.

NB: It is very important for the office to have up-to-date medical information on students.

## Medical Conditions

If your child has a medical condition, asthma or severe allergies, parents are required to fill out a form giving information about their child's condition. If relevant, parents must fill in a detailed Action Plan and provide the school with any relevant medication, that will be stored in the front office.

All medical forms need to be updated and reviewed every twelve months and parents are responsible for ensuring any medication kept at school has not passed expiry date.

Please ensure that once you have completed all appropriate documentation, you inform the class teacher.

## Allergy Aware School

Our school is 'allergy aware' and we would appreciate your support with this matter. We need to emphasise the seriousness of this concern, as we have students across the school that can become seriously ill if they consume particular foods. Even if food items contain traces of nuts, please avoid giving them to your child in their lunch boxes and save these treats for home.

## School Entry Health Assessment

The School Entry Health Assessment (SEHA) form asks about your child's health and development to provide more information to the nurse who will be doing the health check. You can also add extra information about your child, if you want. Please make sure you fill in this form and then return it to your child's school as soon as you can. It is very important that you sign the form, so the nurse has your consent to do the assessment.

## Community Health Nurse

The Community Health Nurse (CHN) visit schools to promote healthy development and wellbeing so students may reach their full potential. A major part of the CHN's work is focused on early intervention and the School Entry Health Assessment program.

Community Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential.

If you have a concern about your child's health or development, please contact the school reception.

### Vision (how well they can see)

The nurse will use:

- an eye chart to check how well your child can see things at a distance
- a small light to check inside your child's eyes.

### Hearing

The nurse will look into your child's ears, and then put headphones on your child's head and play a sound.

The nurse may do some other checks to make sure your child's ears are working properly.

### Teeth

The nurse will ask your child to lift up their lip so the nurse can look for signs of tooth decay.

### General health

This is a brief check of any developmental or health concerns that you mention in the form, or that the nurse or teacher has noticed.

# School Uniform

We are proud of our school uniforms and aspire to have all students wearing theirs with pride. Swanbourne Primary School uniforms are available to purchase online from Tudor School Uniforms.



## How to order Uniforms

- Register online with Tudor School Uniforms on their website [www.tudorschooluniforms.com.au](http://www.tudorschooluniforms.com.au)
- Create an account with your details, create a password and choose your school.
- Enter the Dashboard for quick access to ordering, size charts, prices, delivery options, exchange and returns policy and your order history.

## Delivery and Collection Information

- Collect from School – Orders will be delivered fortnightly to school on Friday and delivered to your child's classroom.
- Parcel Post & Signature – Delivery by Australia Post to your residential address, a signature is required. If no one is home, they will leave a card for you to collect from the Post Office.
- Collect from Tudor School Uniforms – You will receive a confirmation email stating when your parcel will be ready to collect.

### Tudor School Uniforms

1/75 Excellence Drive, Wangara 6065

Opening hours 8:00am – 4:30pm

Telephone 08 9408 2666

## Exchanging Items

If sizing is incorrect, a size exchange for the same product may be issued. Items must be in original condition, with tags attached. Please print out the Exchange/Return form, (Found on the school website) complete the exchange section and return to the office with the items. Your request will be processed by Tudor Uniforms (allow 3 weeks for exchanges). The replacement item will be delivered via your child's classroom teacher.



GIRLS-RECOMMENDED	BOYS-RECOMMENDED
Navy hat x 1 Royal blue polo x 2 Tartan skirt x 2 Navy full zip fleecy x 1 School backpack x 1	Navy hat x 1 Royal blue polo x 2 Gabardine short x 2 Navy full zip fleecy x 1 School backpack x 1
FOOTWEAR - PURCHASE EXTERNALLY WINTER WARMERS/CULTURAL COVERINGS - PURCHASE EXTERNALLY	
<ul style="list-style-type: none"> <li>❖ White socks are preferred</li> <li>❖ Sneakers (any colour/type) are recommended</li> <li>❖ Navy leggings</li> <li>❖ Navy fleecy track pants</li> </ul>	

## Name Labelling

It is essential that all items are labelled clearly with your child's full name, so that lost items can be returned. Please revisit this regularly.





# Voluntary School Contributions and Charges

Financial support provided by families through voluntary contributions and charges plays a critical role in maintaining quality teaching and learning programs and enabling the provision of an enriched curriculum and enhanced learning experiences for students.

Parents who contribute financially to the school through the voluntary contributions, assist in the maintenance of educational resources at a level needed to meet children's needs in a constantly changing educational environment.

Key areas such as literacy, numeracy, science and information technology are enhanced through the voluntary contributions. If all families pay the requested contribution per are child, this equates to approximately \$50,000 of funding per year.

The Swanbourne Primary School Board has endorsed the following schedule of Voluntary Contributions and Charges for 2025, which will enable families to budget for all expenses throughout the year. We hope all families see the importance of paying the contribution and supporting our student learning programs.

The total amount of voluntary contributions requested is in accordance with the School Education Regulations 2000. The School Voluntary contributions for 2025 are \$60.00 per child and the P&C Voluntary Contributions is \$120.00 per child.

2025	School	P&C	Total	Per Term
1 child	\$60	\$120	\$180	\$45
2 children	\$120	\$240	\$360	\$90
3 children	\$180	\$360	\$540	\$135

Note: There are no further voluntary charges for any subsequent child enrolled after the third child



## Payments

Payment options are as follows:

### 1. Direct Deposit:

Swanbourne Primary School

BSB: 066-040

Account: 1990 2749.

Please reference the payment by child's surname.

### 2. Make payment through the Compass Portal

## Compass Program

In 2025 Swanbourne Primary School will be phasing in Compass, an online school management and communication platform to assist our community. This will allow you to:

- Book your Parent/Student/Teacher conferences
- View up-to-date attendance information
- Approve or enter upcoming or past absences for your child
- Consent for upcoming incursions and excursions
- Pay for school contributions and charges
- Notify parents of student merit certificates
- Access information regarding upcoming events and news

# Accessing Compass

Compass is a web-based system that is accessible on any modern web browser or by using the Compass School Manager app available to download for iOS from the App Store or Android from Play Store.

To access Compass on your computer, navigate to [swanbourneps-wa.compass.education](http://swanbourneps-wa.compass.education), or access the link from the school website.

Your details will be provided to you in the form of a login letter at the start of the school year. If you have any queries, please contact the front office.



## Pre-Primary Enrolments 2026

Swanbourne Primary School is a local intake school and, as such, priority of enrolment is given to those children who live in the intake area of the school. While the Department of Education tries to ensure continuity in each child's schooling, enrolment at our school in the following years cannot be guaranteed. For both local intake and out-of-catchment area students, an application must be made for each year of Kindergarten and Pre-Primary. Once enrolled in Pre-Primary, students are then entitled to remain at Swanbourne until the end of their primary schooling.

If you live in the school's local intake area, your child will be guaranteed a place in Pre-Primary in 2026, provided you apply during the formal application period. Please check our school officer if you are unsure if your home address is in our local intake area.

If you do not live in the school's local intake area, there is no guarantee that your child will be accepted into Pre-Primary. Our capacity to accept out of area enrolments will depend on how many applications we receive from children living in the local intake area and how we decide to structure our classes. When we have the capacity to accept out of area enrolments, and we receive more applications than places available, the following criteria are applied to prioritise applications as per the Department of Education's Policy:

First Priority will be given to the child whose usual place of residence is not in the intake area for the school and who has a sibling enrolled at the school for that year and who lives nearest the school.

Second Priority will be given to the child whose usual place of residence is not in the intake area for the school and who does not have a sibling enrolled at the school for that year and who lives nearest the school. The school will advise you of the date when you will need to submit your child's application for Pre-Primary.

If we are unable to accept your child's application for Pre-Primary, we will help you find a place in another school.



# Donations

We are constantly replenishing our stocks of 'loose parts' and craft materials, so we have donated if at all possible. Loose parts are moveable objects such as sticks, rocks, logs, fabric, crates, ropes, etc. that can be used by children to build and create. This list is not complete - please speak with your child's teacher if you have other items that might be useful.

- Baskets of various sizes
- Kitchen utensils, wooden spoons
- Gumnuts, seed pods, autumn leaves
- Coloured pipe cleaners, pom-poms
- Glitter, googly eyes, gemstones
- Masking tape
- Material, ribbons, lace and wool
- Off-cuts of coloured card and paper
- Off-cuts of wood and/or tree slices
- Offcuts of fabric (especially shiny)
- Plastic bottle tops
- PVC pipes of varied lengths and diameter
- Smooth pebbles and shells
- Tissue paper, cellophane
- Coloured pipe cleaners
- Wooden matchsticks
- Wooden pop sticks
- Sequins



Participating in a daily **in class** Crunch&Sip break provides an opportunity for children to drink water and eat an extra serve of vegetables or fruit to support good health and to help with learning and concentration in the classroom. All while they are sitting at their desks!

By choosing to pack vegetables more often, Crunch&Sip is also a fantastic opportunity to increase vegetable intake.

Let's hero healthy habits and remember to pack Crunch&Sip every day!

## Crunch

Vegetables such as carrot or celery sticks, cherry tomatoes or snow peas

**OR** Easy-to-eat seasonal fruit such as a small apple, a container with hulled strawberries, a mandarin or banana

**OR** Canned fruit in natural juice with a spoon

## And Sip

A clean, clear water bottle filled with plain water





## Out of School Hours Care

At OSHClub we work in partnership with Swanbourne PS to provide outside School Hours care (OSHC) services. At OSHClub children enjoy a fun learning experience. From exciting activities and healthy nutritious food, to caring motivated team members. You can be sure your child is safe and has lots of fun, before or after school.

### What Happens at OSHC?

We offer engaging activities for all ages, including arts and craft, games, cooking, sports, drama, board games, dress-ups and fun with friends.

The service provides delicious and healthy food for breakfast at Before School Care and afternoon tea at After School Care. We focus on fostering a safe, caring and stimulating environment that allow children to relax, grow and thrive.

### Our Team

At OSHClub, your child will always be in the care of friendly, qualified and experienced educators, who all have 'Working with Children' clearances. Our Coordinators are trained in First Aid, CPR, Asthma and Anaphylaxis.

Please check our website for further information:  
[www.oshclub.com.au/swanbourne-primary-school-wa/](http://www.oshclub.com.au/swanbourne-primary-school-wa/)



Department of Education  
Western Australia

Learn simple, practical strategies to help you raise happy and confident children

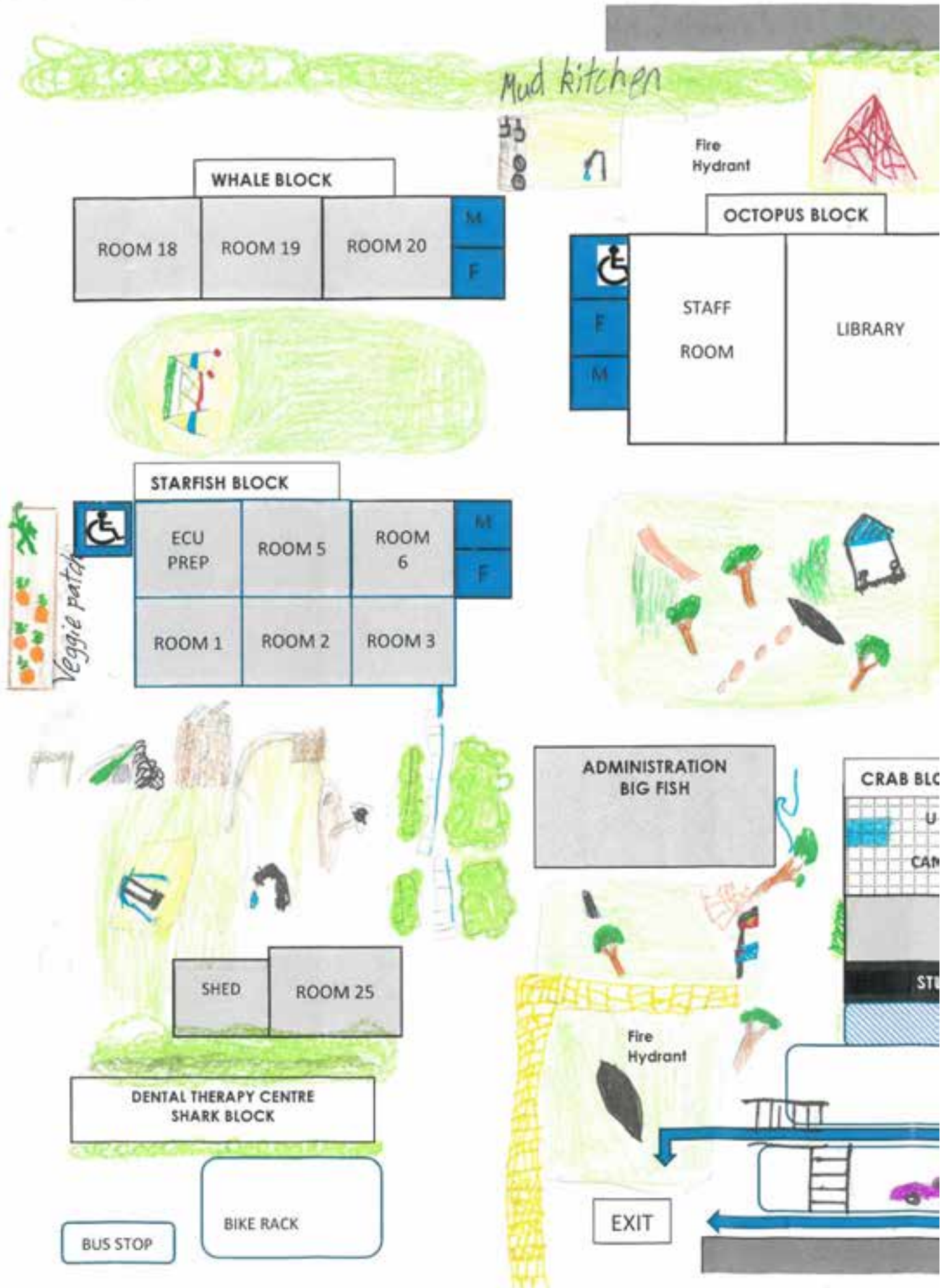
The Triple P logo features a stylized Australian flag with the text "Triple P" and "Positive Parenting Program" below it.

Swanbourne Dental Therapy Centre

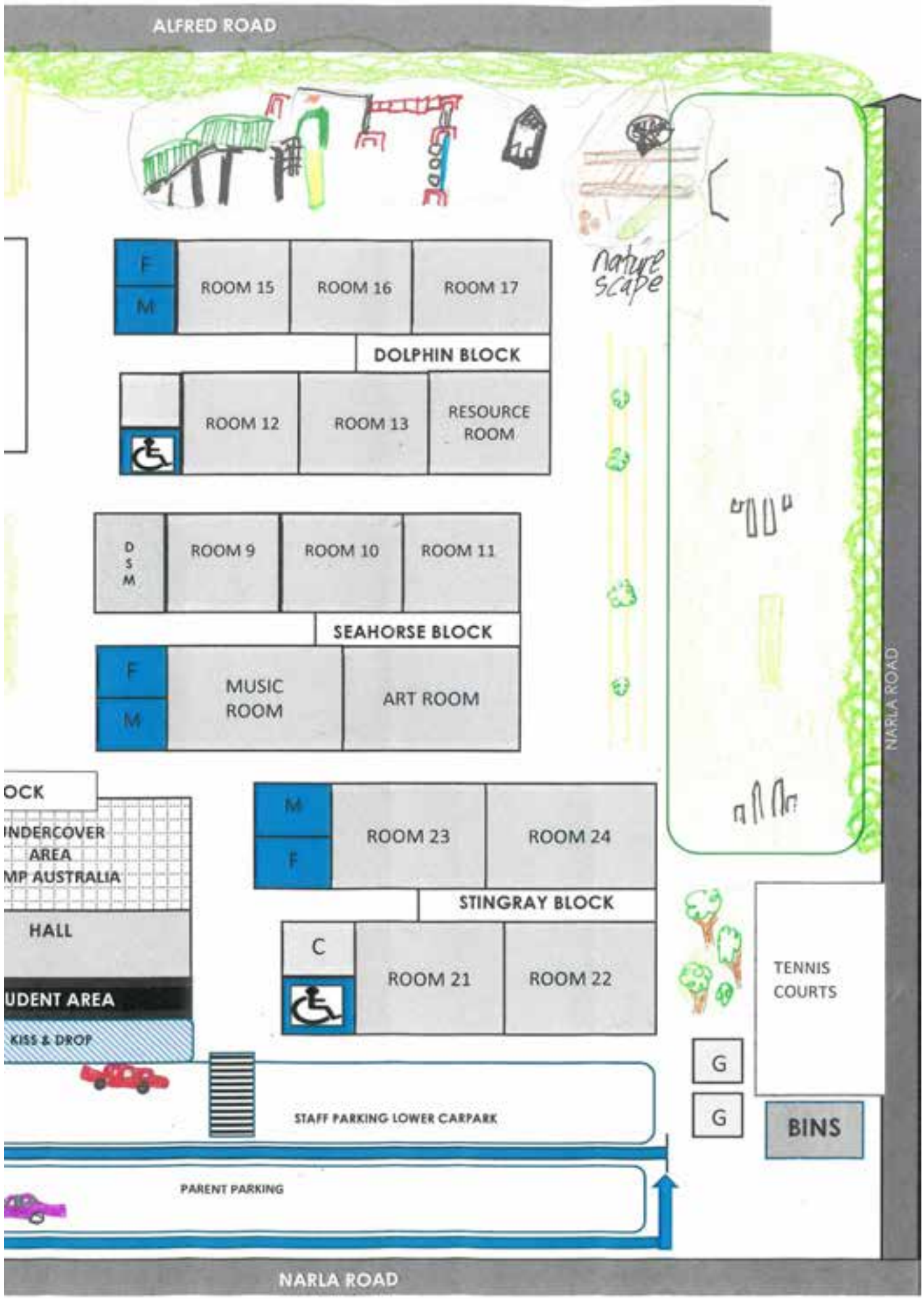
Phone: 9384 0855



Address:  
15 Hospital Avenue  
Nedlands, Western Australia 6009

















We look forward to an exciting and rewarding year with you and your child.

If you have any concerns or queries, please do not hesitate to contact:

Principal, Mr David Knox [david.knox@education.wa.edu.au](mailto:david.knox@education.wa.edu.au)



Swanbourne Primary School  
3 Narla Road, Swanbourne WA 6010  
Telephone: 08 9253 5300  
Email: [swanbourne.ps@education.wa.edu.au](mailto:swanbourne.ps@education.wa.edu.au)  
Website: [www.swanbourneprimary.wa.edu.au](http://www.swanbourneprimary.wa.edu.au)

Please visit the school's website for more information about our programs.